

Cotteridge Meeting Newsletter

Meeting for Worship every Sunday 10.30am

Children's Meeting in term time

Diary Dates - October/November

15 October, Shared Lunch, *all welcome*

18 October, Staying Friends, *see below for details*

26 October, Coffee Morning at Cathy and Richard's home. 10.30 - 12 noon. All welcome

28 October, Writing Group, *see below for details*

29 October, 6pm, Meeting for Worship, Northfield Meeting House

4 November, Creative Day, Northfield MH, 10.00-4.00, details from Tina, 07802 413 143, *all welcome*

5 November, 12 noon, Business Meeting: *Nominations, Childrens'*

8 November, 6.15pm Area Meeting, Bull Street

12 November, 8am start, Mindful Gardening

19 November, Shared Lunch

Current Appeal: B30 Foodbank

(for more about the Food Bank see page 2)

Next Month's Appeal: The Project

Staying Friends

Wednesday 18 October, 7.30pm

Back Room, Northfield Meeting House

The topic is:
The Healing of the Paralysed Man

and the references are:

Mark 2: 1-12
Matthew 9: 2-8
Luke 5: 18-26

Hilary has some preparatory reading material. If anyone would like a copy to read before our meeting on the 18th please email.

Writing Group

28 October, 2.30-4.30pm, in the classroom

Any small contributions to the refreshments will be very welcome.
Please let me know if you will be coming. Nicola

White Poppies

The meeting is purchasing a box of White Poppies which will be available at the meeting house with a suggested donation of £1 per poppy. Please do consider getting your White Poppy from the meeting.

B30 Foodbank

Growing hunger, malnutrition and inequality

At our Local Business Meeting on 8th October Kate White reported on the growing demands on the B30 Foodbank and the increasing number of both adults and children suffering from hunger and malnutrition. With the rolling out of Universal Credit many benefit recipients are having to wait 6-10 weeks between benefit payments. Our minute 66/2017. Report on the B30 Foodbank records:

As a meeting we have a deep concern for the growing poverty and malnutrition locally and nationally. We ask our members to write to their MPs, councillors and government ministers about the growing issues for the poorest and most vulnerable in our country.

We also learned that our local foodbank is distributing more food than they receive as donations - both food and money donations. Please consider if you can give more to the B30 Foodbank.

Sarah Fishpool writes:

I find it really useful to have the Food Bank app on my phone, so I can easily check when I am in the supermarket what foodstuffs are most needed that week. I hope that others might find it helpful to have information on how to get the App.

On a Smart Phone a Friend would just need to go into the App Store and search for Food Bank. They will be offered 'Foodbank - Redemption Media', which is a free App.

Once the App is installed, the Friend will be invited to 'Choose Foodbank', followed by an alphabetical list of foodbanks - 'B30 Foodbank' is the third option on the list. A tick will appear when that option is selected, and clicking on 'Done' at the top of the screen will bring up the shopping list, beginning with those items 'Urgently Needed'.

<https://b30.foodbank.org.uk/>

Advance notice:

Open House at the Tuckett's

Sunday 25th November from 2.30-5.30 pm.

Non-alcoholic fruit punch and mince pies will be served.

Donations to go to the B30 Foodbank.

Quaker Christmas Parcels

In 2016 921 parcels, each containing 20 items, were given to people in need. One recipient declared that it was wonderful, mostly really useful staple foods, but with a few real treats.

The QCP Committee say: *"we have enough cash saved in the bank to buy about half the necessary food for 2017 and, if we have insufficient income we will draw on our reserves. This isn't sustainable... there will be a full-scale QCP appeal again in 2018."*

Flyers giving more information and with a form for donations and details for electronic transfers can be found in the Meeting House foyer.

Parcels will be packed at Selly Oak Meeting House on

Friday 8 December from 6pm and

Saturday 9 December from 9am

QCP Committee say:

"Please do come, it's a wonderful event and will get you in the mood for Christmas."

Thanks for

everyone's generous

donations in support of Katie and my half marathon trek in aid of Alzheimers UK. Between all the nine members of my family who took part we raised about

£4,700.

Andria

Meet the Trustees of CEAQM

Saturday 18 November

9.30 to 1.30. Bull Street Meeting

Have you ever wondered

1. Why do we have Trustees?
2. What do they do?
3. Could I be a Trustee?
4. Who are these Trustees?

Come along on November the 18th to find out the answers to these questions and many more. Lunch is provided. Please let us know if you hope to come, either by email ceq@phonecoop.coop, or by ringing the area office on 236 2644.

If you have young children and would like to come along, please let us know ASAP and we will do our best to arrange a children's programme.

Door/Flower Rota

Friends, please look in your Diaries to see which Sundays you might be able to offer for November and December. I will bring the list of dates to Meeting for the next two Sundays for you to fill in. As always, if you wish to bring flowers but don't want to be on the door let me know, and if you would like to be on the Door Rota but are unable to bring flowers please let Sue and Elaine know, and put a X in the flower column for that date.

Thanks.
Liz and Joe

Cotteridge Quaker Meeting Away Weekend

Seeking the beating heart of Cotteridge Meeting

Please note the date & put it in your diary—

Friday 23 March 2018 to Sunday 25 March 2018

More details and booking form with the email version of this newsletter

Selly Oak Meeting

Movie Night

Friday 27 October 6pm

The Way

an inspirational story of a father's journey along the "Camino" a historic pilgrimage route in Spain to finish the journey his son was not able to complete.

Bonfire

Sunday 5th November

Meeting for Worship will be at 2.30pm. During children's meeting we will cook some food for the bonfire and then light the bonfire after Meeting for Worship. There will be a bring and share tea followed by sparklers and not too noisy fireworks. Please bring gloves (for holding sparklers).

Manor Farm Park

Friends our side of town may be interested in the work that has been going on to develop Manor Farm Park in Northfield, and in particular to remember and celebrate the Quaker heritage (Cadbury family hospitality to city children, and the Training Camp for the Friends Ambulance Unit in the Second World War). Sadly the Cadbury Barn was destroyed in an arson attack recently, but work is still going on to raise funds and get improved community features in the park. It would be useful if anyone interested could complete a short survey to help the group leading this initiative to demonstrate community support, and enable fund raising to proceed. The link is <https://esurv.org/?u=ManorFarmPark>

Peter Ullathorne

Footsteps - Tread Lightly on this Earth Annual Conference

Sunday 19 November 2-5 pm
at Birmingham Progressive Synagogue,
1 Roseland Way, Birmingham, B15 1HD

As part of national interfaith week, join Footsteps' annual event to meet other people faithfully caring for the environment, and share ideas about how we can work together for a low carbon future.

For programme and more information see www.footsteps.peacehub.org.uk/treadlightly

2017 UN Climate Change Conference

MEET Lindsey Fielder Cook - Quaker United Nations Office (QUNO) Climate Change representative

Tuesday 24 October 12 noon – 1 pm
Priory Rooms

Skype discussion with Lindsey in the run up to the COP 23 Bonn 2017 UN climate change conference (6 - 17 November 2017) where governments convene to discuss next steps after the 2015 Paris Agreement. Including:

what's on the COP23 agenda?

What role will QUNO be playing?

How can we support participants?

Followed by sandwiches and informal discussion.

Part of the Peace Hub's Oct - Dec sustainability theme and in conjunction with Footsteps – Faiths for a Low Carbon Future. (Please let Pete Doubtfire / Peace Hub know if you would like sandwiches)

New Britain Yearly Meeting blog:

Britain Yearly Meeting has launched a new web blog, which you can find online at www.quaker.org.uk/blog. It will provide a place to explore a wealth of perspectives relating to our centrally-managed work and act as a spark for reflection, discussion and action, both online and off.

Spiritual Principles – Daily Practices

Begins 15 October, 2:30 pm - 5:30 pm

Hall Green Quaker Meeting House

Restore

HAVE MOVED

As a project of Birmingham Churches Together, we were keen to find new premises together and have recently taken residence at the Jericho Foundation in Balsall Heath:
196 - 198 Edward Road, Birmingham, B12 9LX.

From the Green Group:

Good News!

The UK experienced the greenest summer ever according to National Grid, with over half of the electricity generated over the period from low carbon sources.

Almost 52% of generation from 21 June to 22 September came from these technologies compared to around 35% just four years previously.

Large amounts of solar along with wind and nuclear power later pushed Great Britain's carbon intensity to record lows of around 90gCO₂/kWh.

[/www.cleanenergynews.co.uk/news/solar/national-grid-claims-greenest-summer-ever-for-uk-power](http://www.cleanenergynews.co.uk/news/solar/national-grid-claims-greenest-summer-ever-for-uk-power)

Wednesday 25 October 19.30pm This Evil Thing

A one man play about WW1 conscientious objectors at The Bear Pitt, Stratford upon Avon
Tickets £12:00 (£10 concessions) Tel 01789 403416

Quaker forum for mental health

10am–4pm, Saturday 9 December, Friargate
Quaker Meeting House, York, YO1 9RL

The Retreat, the Quaker provider of mental health services based in York, is holding its first annual forum. The theme of the event is 'Dementia...our shared journey'. The forum is open to all with an interest in dementia.

Shirley Torrens, shirleytorrens1@gmail.com, 01782 750 689

1652 Country

New Swarthmoor Hall leaflet for 2018 – 'In Fox's: Planning 1652 Country Quaker Pilgrimages'

This new leaflet is intended for Friends who are thinking about organising a Quaker pilgrimage in 1652 country. It could be for a meeting, group of Friends, or a family group. For smaller numbers friends may also like to consider book a place on one of the pre-arranged pilgrimages hosted by Swarthmoor Hall. These are taking place 18–22 June and 20–24 August 2018.

01229 583204, info@swarthmoorhall.co.uk

www.swarthmoorhall.co.uk

Presentation by the artist Elizabeth Gray-King

Westhill Chapel, Wednesday 1 November, 8.00pm

The Chapel is on the Selly Oak campus of Birmingham University, postcode B29 6WE.

Westhill provides financial grants for projects that help people transform their lives and the lives of their communities, especially projects that foster empathy and build bridges between communities.

They also provide faith exhibits and have recently rebranded this programme under the title of 'CreateTalk'. The exhibits continue to be provided free of charge for hire by churches, community groups, schools, exhibition venues, businesses and hospices – see <http://www.westhillendowment.org/faith-exhibits>

Westhill have issued an invitation (1+1) to a presentation by the artist Elizabeth Gray-King about their new exhibition of the 'Octave' Paintings in the Westhill Chapel. This exhibition is a collection of small works which invite viewers to pause and ponder on how they see themselves, how they relate to others and where they are in their journey of faith or spiritual enquiry.

The event will include some light refreshments and will end no later than 8:00pm.

Please RSVP to Diane Webb dlwebb@btconnect.com

Is there anyone from the meeting who would like to go? Please let Anne A or Tina know.

Engaging with Families

An event for elders, overseers and other interest Friends

Sat 11 November, Friends House London

Sat 2 December, Lancaster Meeting House

Advanced booking essential by 30 October for London and 20 November for Lancaster

For booking details see <https://forms.quaker.org.uk/families> or contact: 020 76631013 or cypadmin@quaker.org.uk

Regular Quaker events in our area:

Meeting for worship for healing 3rd Saturday in the month 4.30 for 5pm at Hall Green Meeting. All welcome.

Silence in the City every Tuesday 1pm Peace Hub, take time out to stop and reflect with 20 mins of silence followed by a cup of tea and chat.

Meeting for Worship at Birmingham University: 2nd and 4th Tuesday each month in uni term 1.10 - 1.45pm. St Francis Hall, Universty Chaplaincy.

Midweek lunchtime Meeting for Worship on Wednesdays at Bull Street Quaker Meeting House. 12.45 - 1.15. All welcome.

Moseley Meeting for Worship, 1st & 3rd Thursdays each month, St Columba's URC Church, Moseley 6.30. All welcome.

See <http://centralenglandquakers.org.uk/> for news of events in our area.

Standing in the Gaps

8 November, 10.00am to 12.30pm

Registration and tea/coffee from 9.45am

City Road Methodist Church, 118 City Rd, Birmingham B16 0NL

Focussing on supporting people to manage the impact of Universal Credit. This is a slight change to the information on the front page of BEN. Includes talks, discussions, resource information and a networking lunch.

Book your free place on Eventbrite at: <http://bit.ly/2xUicVb>

For more information email: link@standinginthegaps.co.uk or visit www.standinginthegaps.org.uk

Organised in partnership with Black Country Churches Engaged, Sandwell Churches Link, Thrive Together Birmingham and Transforming Communities Together

Tea Rota for October

15 October - Cathy and Richard

22 October - Judith

29 October - Simon

5 November - Sarah E

12 November - Leonora

Books recently added to the library:

The Examined Life: How we lose and find ourselves by Stephen Grosz

Understanding Judaism: Origins, Beliefs, Practices, Holy Texts, Sacred Places by Carl S. Ehrlich

Next Newsletter: 19 November 2017

Contributions by please Wednesday 15 November please

Thank you

cally.q@outlook.com